



Dear GP,

RE: Right to Choose (RTC) referral for an ADHD assessment

I would like to formally request a Right to Choose referral to Midlands ADHD clinic for an ADHD Assessment.

Patient Name:

Patient DOB:

Eligibility

In line with NHS protocol I have complete a screening measure, which indicates symptoms in line with possible ADHD. I can also confirm that I have read the eligibility criteria for the Right to Choose pathway and meet criteria.

Polite Request

To proceed with the referral, I kindly ask if you will complete a referral to Midlands ADHD Clinic via the NHS electronic referral system e-RS or by sending a referral letter to support@midlandsadhdclinic.co.uk

About Midlands ADHD Clinic

Midlands ADHD Clinic is an approved provider under the NHS Right to Choose (RtC) pathway and holds a commissioned contract with the Herefordshire and Worcestershire Integrated Care Board (ICB) to deliver the following services:

1. Child ADHD Assessments (ages 7 to 17.5) undertaken face-to-face.
2. Adult ADHD Assessments (age 17.5+) undertaken either face-to-face or remotely.
3. Initiation and titration of ADHD medication (age 18+).

Midlands ADHD Clinic, established in 2013, delivers high-quality, evidence-based mental health care with a specialist focus on the assessment, diagnosis, and treatment of ADHD. The clinic is supported by a large, multidisciplinary team and adopts a thorough, person-centred approach, dedicating at minimum of three hours of assessment time to each patient, with comprehensive information collected pre-clinical interview.

Where co-occurring conditions are identified, an individualised treatment plan is developed. This may include, for example, interventions such as CBT for anxiety or depression, or Eye Movement Desensitisation and Reprocessing (EMDR) for trauma, or attachment-based therapy for relationship breakdown.

If you have any questions regarding the information in this letter, please contact support@midlandsadhdclinic.co.uk

Thank you very much for your support and assistance in helping us move forward with this assessment.

Kind regards,

RTC Contract Details

Contract Title: ADHD CYP and Adults - Midlands ADHD Clinic Ltd trading as Malvern Hills Private Practice/Midlands ADHD Clinic Contract Type: NHS Standard Contract 2024/25. Reference: ADHD-CYP_Ad-Midlands ADHD Clinic 2526 . Signing Parties: Hereford and Worcester Integrated Care Board and Midlands ADHD Clinic Ltd.